**SAMBOU BAMBOO SALT**

* Detoxifying  * Replenishing  * Preventing

**Dietary control**
- Can effectively control blood glucose and promotes wound healing

**Digestive System**
- Stomach illnesses, gastric ulcer, haemorrhoids, constipation, flatulence

**Skin Disease**
- Psoriasis and various skin diseases

**Beauty Care**
- Acne (used as mask), teeth whitening (brushing teeth), shower (skin problem)

**Oral Illness**
- Oral ulcer, sore throat, toothache

**Allergy**
- Especially skin allergy or allergy to food, odour, weather and dust

**Nervous System**
- Migraine, Alzheimer’s disease, Parkinson’s disease, anemia

**Respiratory System**
- Sore throat, cough, bronchitis

**Cardiovascular Illness**
- Weak heart, irregular heartbeat, hypertension, high blood plasma level, angioclerosis

**Liver & Gallbladder Illness**
- Hepatitis, detoxification, cholesterol, gallstones

**Bladder & Kidney**
- Nephritis, frequent urination, prostate illness, bladder stone or chronic renal illness
- Failure caused by drags

**Body Odour**
- Body odour, underarm odor, Athlete’s foot or oral odour

**Cancer & Tumour**
- A high proliferation of tumour and cancer cells

**Cooking**
- Add into fish soup, for cooking, vege-theals, fruits and vegetables

**Other Usage**
- Can be used as eye drops, for body massage

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**SAMBOU bamboo salt’s directions of use & body reactions**

**Drinking**

1. For health maintenance, add 5g bamboo salt into 1 liter water & drink 1~2 bottle each day.
2. For hyperpressure or high blood pressure level patients, add 5g bamboo salt into 1.5 liter water and drink 1~2 bottle each day.
3. For coughing, sore throat, stomach bloating (gas in small intestines), put about 1g bamboo salt in the mouth can give significant effect
4. For better therapeutic effect: 2.5g (1 tsp) ~ 200~250 cc water, drink 3~4 glasses of bamboo salt water in a day with empty stomach, then drink more water to eliminate the salt.
5. To shrink tumour and inhibit cancer cells proliferation, make bamboo salt water according to step (4), drink 6~8 glasses of bamboo salt water to achieve better result.
6. For patients preparing to have dialysis:
   - 1st week: 2.5g bamboo salt + 100cc drinking water (drink 1 small bottle per day)
   - 2nd week: 2.5g bamboo salt + 200cc drinking water (drink 2 small bottle per day)
   - 3rd week: 2.5g bamboo salt + 300cc drinking water (drink 3 small bottle per day)
   - 4th week: 2.5g bamboo salt + 400cc drinking water (drink 4 small bottle per day)

**Directions of use**

- **Toothache**: put bamboo salt into decayed tooth or rinse mouth with bamboo salt water
- **Sinusitis**: inhale some bamboo salt into nasal cavity
- **Skin diseases**: apply bamboo salt onto skin or wash skin with bamboo salt water
- **Hair loss**: mix bamboo salt with water, then apply onto scalp and massage
- **Joint pain**: apply bamboo salt to affected area and massage
- **Body odour**: massage underarm and navel with bamboo salt for about 10 minutes

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**Body reactions after using bamboo salt**

(if the following body reactions occur, please continue bamboo salt intake or reduce the amount of bamboo salt intake; the condition will be improved generally after one week.)

- **Acute Reaction**
  - **Fever**
    - Acute body or high cholesterol
  - **Body is feeling warm**
    -Liver is about to detoxify, please drink more water
  - **Excessive sweating**
    - Body is eliminating heat or liver is detoxifying
  - **Unable to sleep**
    - Drink more bamboo salt in the time and less at night
  - **Constipation**
    - Large intestinal illness (must drink more water)
  - **Drying**
    - Small intestinal illness (diarrhea bloating)
  - **Joint pain**
    - Joint Illness (including arthritis, injured joint)
  - **Frequency urination**
    - Kidney illness (diabetes; acute effect)
  - **Oedema urine**
    - Kidney is detoxifying
  - **Thirsty**
    - Hyperglycemia or low illness
  - **Vomiting**
    - Stomach inflammation (put bamboo salt in the mouth)
  - **Swollen feet**
    - Kidney illness (reduce bamboo salt and water intake)
  - **Diabetes**
    - Glucose regulation (including hyperglycemia or asymptomatic)
  - **Diarhoea**
    - Large and small intestinal illness
  - **Nausea**
    - Appetite
  - **Rectal bleeding**
    - Haemorrhoids
  - **Good appetite**
    - Digestive system regulation
  - **Irritation of nose**
    - Illness of nasal mucous membrane
  - **Increase of blood pressure**
    - Vascular illness
  - **Discharge of breath**
    - Liver or tissue inflammation
  - **Cough**
    - Liver or lung illness
  - **Pneumonia**
    - Lung illness
  - **Insomnia**
    - Detoxification
  - **Belly bloating**
    - Stomach bloating
  - **Tingling stomach**
    - Gastric ulcer
  - **Tinnitus**
    - Kidney or blood circulation illnesses

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**Notes**
- When using for the first time, take 1/2 tsp to 1 tsp (equal to 2 to 3 pinches) follow this method for 3 days then patient can have medical check (for restoration of kidney function)
- *Remark 1: If Patient’s weight exceeds 15% of your original weight, please do not exceed the normal maintenance amount per day; patients suffering from kidney disease need to consult with a doctor before use.*